



Center for Disabled Children Assistance

बाल अपांग टेवा संस्था

An NGO for Education and Skill Development in Nepal

ANNUAL REPORT 2024



www.cdcaapan.org



01-4821419

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Introduction:

The Centre for Disabled Children Assistance (CDCA) is a non-governmental, non-profit, non-partisan and secular organization dedicated to promoting the welfare of children with disabilities (CwDs). Our mission is to provide access to services, resources and opportunities that help to improve the quality of life for children with disabilities and their families. We believe that all children, regardless of their disability, should have access to the same opportunities and resources as their peers. The CDCA works to ensure that all children with have access to quality healthcare, education, and other essential services. CDCA provides a range of services to help CwDs, including medical support, educational opportunities, food, and shelter. Our goal is to create an equitable society where CwDs can live with dignity and access to the same rights and opportunities as everyone else.

The Central Disabled Children's Association (CDCA) is established in 2006 and officially registered with the District Administration Office (DAO) in Kathmandu, the organization's registration number is 861. Since November 5, 2011, CDCA has been affiliated with the Social Welfare Council (SWC), Nepal, with an affiliation number of 20,726.

Brief overview of CDCA activities from the period of October to December 2024.

CDCA Working Areas:

1. CDCA Care Home
2. Education
3. Wheelchair
4. Tailoring training

CDCA Care Home:

The CDCA Care Home, located in Budhanilkantha Municipality Ward no. 11, Kathmandu, Nepal, is currently home to 16 children: 9 boys and 7 girls. The majority of these children come from remote rural and mountainous areas of the country, such as Solukhumbu, Gorkha, Jumla, Kavre, Rasuwa, Khotang, Okhaldhunga, Dolakha and Kapilastu. It is the goal of the care home to provide these children with a safe, nurturing environment, so they can develop to their fullest potential and reach their full potential.

We provide food, clothing, education, health care, and a range of essential services as part of our support and assistance. With the help of our partners, we are ensuring that all the children receive the support that they require on a daily basis. It is with great pride that we announce that we have arranged for a physiotherapist to provide exercise sessions for the children in our care. Additionally, we have equipped our children's section of the facility with an e-library, a study room, and internet access, so that they can have access to the resources they need to succeed, as well as having access to the e-library, study room, and internet access in our facility.



2024

Education:

Education is a fundamental right for every individual, regardless of their abilities or disabilities. No child should be excluded from an education due to physical, mental, or emotional obstacles. In order to provide education support to children with disabilities, especially physically disabled, CDCA was established 2006. With the assistance of SAMSAL, Mitrata Kathmandu & Friuli Mandi Nepal CDCA provides educational support to 34 children & 14 of whom are physically disabled.

A month after vaccinations for Nepal's greatest festival, children have returned to CDCA, and classes have resumed from November 10. Since Pemba Wonchu Sherpa and Gaurav Rai have just completed their higher education, we will no longer support them. Pemba Wochu Sherpa had just joined university and we have also assisted him in finding a job in a trekking company. In the case of Gaurav Rai, he wishes to study computer science in an abroad. As a result, he is taking a language course. Nishan Basnet and Tenji Sherpa have also completed the SEE (Secondary Education Examination) with good grades. Additionally, we will not provide any assistance to them because Nishan Basnet lives with her mother in the village, and Tenji Sherpa's parents are financially stable, so he does not require any assistance.

There is currently a 3rd term exam that is going to be held very soon, and all of the children are concentrating on their studies. For lower grades, they also had computer classes every day from Sunday to Thursday, and for upper grades, there are two classes each week i.e. Friday & Saturday. Additionally, they had musical classes and counselling classes every Saturday. According to Ganga Tamang, she is not interested in participating in any other CDCA activities. Each time we speak with her parents regarding her school performance & engaged in CDCA activities, she refuses to come to CDCA for letter writing. The request has been made numerous times, but the woman has responded that they are not in need of any assistance or support. As a result, our executive board members have decided not to support her any longer.

The 2nd term result of children are listed below:

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Name	GPA	Average Grade	CLASS
Mekh Bahadur Budhathoki	3.78	A+	1
Rebina Sunar	3.96	A+	3
Binina Sunuwar	3.33	A	4
Manish Rai	3.91	A+	5
Lakpa Yanji sherpa	2.31	C+	7
Lakpa gelu sherpa	2.57	B	9
Bhumika Adhikari	3.03	B+	9
Ganesh Pun	2.17	C+	9
Phur Lakpa Sherpa	3.11	B+	3
Nirmala Budha	NG		5
Mina Gurung	NG		9
Sanju Limbu	NG		9

Wheelchair maintenance and distribution program:

Personal mobility is essential to enjoying human rights, living in dignity, and being an active member of society. Wheelchairs are commonly used to facilitate personal mobility. For many people, a wheelchair is the first step toward inclusion and participation. National and international non-governmental organizations distribute wheelchairs in Nepal. Most of these wheelchairs are not well fitted for Nepal's topographic conditions. In the same way that automobiles require periodic maintenance and replacement, wheelchairs do too. To address this issue, we have set up a maintenance project in Nepal.



Under the supervision of Mr. Tek Bahadur Budhathoki, CDCA is conducting a wheelchair maintenance project at its Care Home in Budhanilaktha. For 2024, our plan is to repair 100 wheelchairs, however our achievements to date are only 61 out of 100. There are a number of reasons for this, including fundings, a lack of spare parts and a lack of proper planning as well. Many users do not wish to repair their old wheelchairs when they know that we are also distributing new wheelchairs throughout Nepal. Instead of repairing the old wheelchair, they argued for a new one. Due to financial difficulties, we do not have enough spare parts and those spare parts are not able to purchase the parts in Nepal because there is no market for wheelchairs. Additionally, we have conducted a 15-day training program for Mr Manoj Poudhar, who was recommended by the Karuna Foundation Nepal. Though the training was insufficient, he was able to maintain the wheelchair with the skills he gained. Therefore, we have started maintenance services in Itahari in province 1 in collaboration with the Karnuna Foundation Nepal. The project is overseen by Mr. Manoj and monitored by Karuna Foundation Nepal. But, even after the development of this project in Itahari, it is still

not fully functioning due to a lack of financial support as well as to a shortage of spare parts.

We also found that users are being negligent because they received a free wheelchair in Nepal. We informed them at the time of distribution that the wheelchair would require maintenance every three to four months. A wheelchair was brought for service after it had been fully damaged or broken which required replacement of parts. They need to be aware of how to use a wheelchair and how to take care of their wheelchairs. The wheelchairs therefore have a long life span and if they are properly maintained and serviced, they might not even need to be replaced with new parts.

The key challenge for this project is that we do not have enough funds. This creates problems in obtaining spare parts that are not available in the Nepali market.



Wheelchair maintenance

Tailoring training:

The purpose of the Tailoring Training Program is to provide sewing training to young girls and women from economically disadvantaged backgrounds. This course aims to provide participants with fundamental knowledge and skills in tailoring. It is expected that participants will learn different types of stitches and how to make various outputs while sewing.



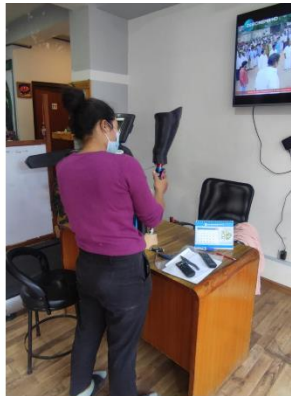
SMAMSAL has been supporting the tailoring training since 2011 and the project is currently being overseen by Miss Chanda Thapa. There are 36 trainees taking these courses in Shivaraj Municipality's Kapilvastu District. We identified a group of individuals aged 16 to 30 as part of the training. As a result, they have learned how to sew various types of outfits. Basically, they purchased the clothing themselves for the stitches and learned to sew anything they desired. Designing unique outfits that cannot be found in stores also provides a sense of fulfilment and creativity. We have moved the training center from Chandrouta to Rahatkol this year. There has been some progress on the baby item and a start has been made on the ladies item. As the trainees are mostly engaged in farming and this is the season of mustard harvesting, there will be one 1 week holiday for the winter vacation. Below is a list of the completed items for ladies: Plajo, amrela plajo 3 kune ani 4 pata kapda ko, mujja plajo, Mini Patiyala Surwal, Patiyala Suruwal, Arebiyan Suruwal, Dhoti Suruwl, Petikot, Blauj, Kurta, & Umbrella frok / umbrella gaun



Medical /Treatment/ Prosthetic support:

As a result of the support of SAMSAL, we are able to provide Tenisha Rai with prosthetic support. This time, we worked with ZenerTech to provide Tenisha with a knee disarticulation prosthetic. They are working with 3D printing technology for the first time in Nepal. To mark down every detail, they used scanning tools for making stumps. A complete prosthetic takes one week to complete. She has been called five times during the completion of the prosthetic and two times for PLA check sockets and then once for PP sockets after the check sockets were succeeded. While interviewing Tenisha's mother we found that, Tenisha had a sever burn at six months of age when she was left near the fire, while her mother was busy doing her household activities. Her life ever since has not been the same. While interviewing Tenisha, she mentions that, she was not able to fully participate in activities that her friends of same age would enjoy. This left her psychologically and emotionally affected. However, after wearing a prosthetic, her life had changed. She was able to participate in every class activities,

able to make friends, was bullied less and grow socially. Now she is 13 years of age and is fully comfortable wearing prosthetic.



Wishing you a happy and prosperous new year in 2025.

