

Third Quarter Report of

CDCA(Center For Disabled Children Assitance)



Center for Disabled Children Assistance

बाल अपाङ्ग टेवा संस्था

An NGO for education and skill development in Nepal

1. CDCA Care Home

Annual general meeting of CDCA is held on the chief guest of Rama Rai Deputy Mayor of Budhanilkantha Municipality. Parents of the children who is getting education support, students of non-formal education, local stakeholder, women's group, representative of Sherpa Association, Representative of local Government.

Dendi Sherpa and Maya Sherpa has been on tour of France and Italy in the invitation of Frulli Mandi Namaste Nepal and Mitrata Kathmandu for one month.

CDCA Kitchen garden has seasonal vegetables and lettuces like cauliflower, cabbage, green coriander, green garlic and leafy onion. This helps to provide fresh and organic produce to the children of CDCA care home. Children are taught to plant the seeds and plantings. Also we have set the schedule of watering the field to the children so that they can learn the skill of agriculture.





2. Children Education

The 3rd term examination of the children has been completed and there result has been published yet. Three of our children Rachana Rai, Furi Sherpa and Yangi Lamu Sherpa is preparing for the test exam for the prepration of SEC exam of class 10.

S. No	Name	Class	Grade point average	Average grade
1	Ganesh Pun	4	3.38	A
2	Bhumika Adhikari	4	3.91	A+
3	Basanta Tamang	4	2.89	B+
4	Navraj Katwal	4	3.16	B+
5	Dolma Sherpa	4	3.42	A
6	Swastika Jirel	5	1.69	C

7	Mina Gurung	6	1.2	D
8	Pasang Sherpa	6	3.2	B+
9	Nishan Basnet	6	3.28	A+
10	Tenzi Sherpa	6	2.52	B
11	Chhemji Sherpa	7	3.72	A+
12	Kamuna Rai	6	2.04	C+
13	Anjala Sunuwar	7	2.84	B+
14	Anjel Rai	7	2.88	B+
15	Sujan tamang	7	2.08	C+
16	Bhim Maya Moktan	8	1.32	D+
17	Pemba Wonchu Sherpa	8	3.04	B+
18	Gaurav Rai	8	2.56	B
19	Ram Chandra Bohara	9	1.8	C
20	Pradip Gurung	9	2.4	C+
21	Yanji lLhamu Tamang	10	1.65	C
22	Rachana Rai	10	0.95	D
23	Manish Rai	UKG	4	A+
24	Ganga Tamang	4	3.16	B+
25	Jamuna Tamang	4	3.16	B+
26	Rebina Sunar	Nursery	4	A+
27	Binina Sunar	LKG	4	A+
28	Phuri Sherpa	10	2.1	C+
29	Lakpa Gelbu Sherpa	3	4	A+
30	Sandhya Khadka	7	3.12	B+

3. Medical treatment

Medical treatment is an integral part of CDCA activities as most of the children of CDCA has been disabled after the birth and they need regular medical treatment and physiotherapy for maintaining health. Also CDCA has been providing the medical service to the children from the rural and economically backward family around the Nepal.

Thus Ganesh, Swastika and Yangi is getting regular physiotherapy. Also she supervising the physiotherapy and exercise routine of Tek Badhu Budhathoki and Soam Badhur Rai

Mahila Ghale got his prosthetic leg that we ordered at Nepal Orthopedic Center. This a new prosthetic leg is comfortable for him. Now he is going through physiotherapy under the supervision of Sangita and Nepal Orthopedic Center. But he is still facing problem to walk for the long distance as he gets laceration easily. This is common as he is recovering from the surgery.

Due constant growth in height of Mahish the existing leg didn't fit for Manish. So, he got new prosthetic leg from Nepal Orthopedic Center. His new prosthetic leg has bendable knee so he can as a normally. Before he had rigid prosthetic legs which create a dragging motion while walking. We have also ordered a new prosthetic leg for Manish with will be ready within a month. He now use prosthetic during the school time. He is also getting physiotherapy in the supervision of Sangita and Nepal Orthopedic Center.

Gita has been using prosthetic and practicing to walk in prosthetic leg in the supervision of family member and local health official.

CDCA conducted health can in association with Frulli Mandi Namaste Nepal where 25 children with disabilities were provided with general health checkup, counselling for physiotherapy, assistive devices and other services.

From the camp Sujana Rai is recommended for the further treatment so, he is taken to the Diagnostic Center for the MRI. His report is send for the consultation. After the recommendation further steps for the treatment will be taken.





4. Reading education program

This is an excerpt from the book *Jiwan Kada ki Phool* (Life is a thorn or a flower) by the Nepali author Jhamak Ghimire. Her book *Jiwan Kada ki Phool* is an autobiography where she has expressed the struggle and hardship she suffered to fulfill her desire to learn to read and write.

Being born with disability did not stop her from learning to read and write. She used to listen to her sister pronounce the letters and do the same silently. She used to observe how her father caught her sister's hand and taught her to write the letters in paper. She did it herself but her pencil would either be the dew drops she collected in her feet, bamboo stems or the rocks and her paper would always be the wide and welcoming earth.

Jiwan Kada ki Phool describes her life and her struggle since her childhood. It starts with her early memories of childhood. The care and support she received from her grandmother contrary to the bitter way the society treated her. The feelings of an innocent child growing up amidst the hatred of the society, her feelings and emotions she could never utter a word of. Her anger towards the discrimination she faced from the society for being born physically disabled. Her silent reactions to all those bitter things the society said to her and her struggle for existence and acknowledgement

after the death of her grandmother is expressed beautifully in the book. The words and sentences used are quite similar to the day-to-day language used in the villages of Nepal.

Jhamak Ghimire is considered Nepali equivalent of Hellen Keller as both of them suffered from the same disease cerebral palsy. But Ghimire, unlike Keller, belonged to a poor family in a poor country where the parents wished their physically disabled children were rather dead than suffering. She did not receive encouragement or support from her family for learning to read and write. However, she proved herself as one of the most aspiring and promising Nepali authors. Although her life had always been full of struggle and hardship, it never deterred her from her desire to learn. Her determination and strong will-power resulted in giving birth to an aspiring author and one of the most inspirational books of all times.

Jiwan Kada ki Phool is a must read. It is an inspiring book which teaches us that if we are determined to go after something and truly work hard for it, nothing is impossible. The book is a master piece by the author and is the most popular book of 2066-67 B.S. It has been printed seven times within two years making it the Nepali best seller of all times. It has also received many awards.

Following the sequence of the previous book Black movie is shown which is movie related to the Hellen Killer Biography. We compared Jhamak Kumari with Helan Killer and observed the story of hardship.



5. Tailoring

The women are learning to drafting, cutting and sewing of shirt pant skirt and the school dress.



6. Non-formal education

We have 25 students that are regular to the class on non-formal. Due to lack of fund we decided to suspend the classes until the viable source are managed. Thus, we provided the certificate to the students in the Annual General Meeting (AGM) of CDCA. Where 28 women are provide certificate.



7. Wheelchair Repair and Maintenance

This quarter we focused on the repair and maintenance of the wheelchair also we focused on the repairing wheelchair from the hospital we provided servicing for 20 wheelchair and already delivered the wheelchair back. Also we made wheelchair seat and back rest in the garment of 18 wheelchair and also the foot strap. We provided wheelchair to two children through health camp organized on the occasion of 16 days campaign against violence against women.





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